

Dear Health Policy Workshop Participants:

We are just a 10 days away from the 2023 Health Policy Workshop in Washington, DC. Before we all meet in Washington, please review the information below to ensure you are prepared for your trip. We'll see you on September 11!

Meeting Reminders and Logistics Information

- **Transportation to the Hampton Inn:** The Hampton Inn Downtown, Washington, DC, is located at 901 6th Street, NW, and is approximately 15 minutes from Ronald Reagan National Airport (DCA), and can be reached via Uber for approximately \$20 one way. The Health Policy Workshop will be held at Venable, LLP, directly across the street from the Hampton Inn.
- **Transportation to Capitol Hill:** You will need to take an Uber from the Hampton for your Hill visits. It could take up to 20 minutes to get to the Hill on Tuesday morning so plan accordingly. An Uber ride to the Hill is approximately \$20 one way. You will need to leave your luggage at the Hampton Inn. They will store it for you until you return from your Hill visits.
- **Weather and Attire:** Dress for the ANNA Health Policy Workshop and your Capitol Hill meetings is business attire. Please keep in mind that you will be outside at certain points and weather in Washington is notoriously unpredictable; we strongly recommend that you check the weather report before you depart. Comfortable walking shoes and business attire are a necessity for all of the Health Policy Workshop activities. Jeans are not permitted.
- **Other Items to Bring with You:** Do not forget to bring business cards to exchange with Congressional staff and your colleagues.

Be Prepared for Capitol Hill

- **Preconference Webinar:** If you missed the preconference webinar, you can view it here: <https://youtu.be/lyclhoKOHxE>
- **Scheduling:** ANNA's Health Policy Consultant will be scheduling your Capitol Hill meetings. These Hill meetings will include one meeting with your Member of Congress from the House of Representatives and both of your United States Senators. You will receive an individualized meeting schedule and bios for the Members of Congress and the staffers you will be meeting with on the Hill. These documents will be sent to you via email by Friday, September 8th and a printed copy will be provided to you when you arrive at the Health Policy Workshop on Monday, September 11.
- **Review Materials:** Please review the "Ask Sheet" and issue briefs that summarize the policy issues before you get to Washington to ensure you are ready for your meetings with Congressional staff. All of the materials can be found on the ANNA Health Policy Workshop webpage <https://www.annanurse.org/get-involved/advocate/health-policy-workshop>.
- **Elevator Speech:** During the opening remarks and introductions session, each of the participants will be asked to introduce themselves to their colleagues. Each attendee will stand-up and provide a brief statement about why they are attending the ANNA Health Policy Workshop. We want each introduction to take **no more than 30 seconds**. This provides a great opportunity for everyone to learn how to be brief and "get to the bottom-line"—a skill you will need in your Capitol Hill meetings!

Questions regarding transportation or hotel:

- Board of Directors or Health Policy Committee ~ contact Lou Ann Leary, louann.leary@annanurse.org
- Travel Grant Recipients ~ contact Janet Betts, janet.betts@annnurse.org
- Health Policy Workshop/Capitol Visits ~ contact ANNA's Federal Health Policy Consultant Jim Twaddell at jtwaddell@venable.com

Thank you for your attention to this information. We look forward to seeing you soon!