Realizing the Power Within!

The 2015-2016 ANNA year is almost over. As your ANNA President this year, I have been honored to help lead our Association in many areas. However, I did not do this alone; many ANNA leaders from across the country have assisted in achieving the many goals set by the Association and facilitating the many activities in which ANNA has participated. Each month the ANNA Board of Directors reviews progress in achieving strategies aligned with the four initiatives of the 2015-2017 ANNA Strategic Plan. This annual report is an overview of the many accomplishments that ANNA has achieved this year.

Goals

Goal # 1: ANNA will provide member services that are outstanding in quality, accessible through a variety of modalities, and meet our members' needs.

- The Sixth Edition of the ANNA *Core Curriculum for Nephology Nursing* was released in April 2015 in both print and electronic formats. **Caroline Counts**, ANNA Past President, served as editor. To date ANNA has sold 1,250 copies of this valuable resource.
- ANNA released the *Nephrology Nursing Certification Review Guide, Fifth Edition,* in February 2016. **Norma Gomez**, ANNA Past President, served as editor for the review guide.
- Sandra Bodin, ANNA Past President, was selected to serve as editor for the ANNA textbook, *Contemporary Nephrology Nursing and Principles, Third Edition.* The textbook is scheduled to be published in 2017.
- The editor for the ANNA *Nephrology Nursing Scope* and *Standards of Practice, Eighth Edition,* was chosen. **Norma Gomez**, ANNA Past President, will serve as editor. The text is slated to be published in 2016.
- On June 4, 2015, Health Policy Committee Chairperson **Dave Walz** and Federal Health Policy Consultant **Jim Twaddell** hosted a webinar in preparation for the ANNA Health Policy Workshop, which took place in Washington, DC, later that month.
- ANNA hosted the 14th Biennial Health Policy Workshop on June 22-23, 2015, in Washington, DC.
- ANNA continues with the "Go Green" initiative, which allows members to choose electronic editions only (versus paper copies) of the ANNA Update and Nephrology Nursing Journal.
- ANNA continues to offer a free continuing nursing education (CNE) program each month to members via the Online Library.
- The ANNA Online Library also houses multiple learning opportunities, such as sessions from the National Symposium and the Fall Meeting. An additional five free CNE contact hours are available to those who attended the National Symposium or the Fall Meeting.
- ANNA continues to offer CNE contact hours in collaboration with other specialty nursing organizations that are managed by ANNA's management firm, Anthony J. Jannetti, Inc. Through this collaborative sharing of educational opportunities, ANNA members were offered an additional 5.5 contact hours for free!

- The Online Library now houses 12 new sessions via *CExpress,* brief online educational programs that offer CNE content and can be completed in 30 minutes or less.
- The Online Library also features the ANNA educational modules on chronic kidney disease (CKD), which were updated in 2015 by a task force led by **Lesley Dinwiddie**, ANNA Past President. All seven of the *Chronic Kidney Disease: What Every Nurse Caring for the CKD Patient Should Know* modules offer contact hours. The content of the modules is free, and contact hours are free for Module 1: Introduction to Chronic Kidney Disease: An Overview of Causes, Stages, and Treatment.

Goal # 2: ANNA will remain a relevant, proactive, inclusive, and vibrant organization.

- ANNA approved an amendment to the Association's Bylaws that changes the structure of the Board of Directors (BOD), reducing the BOD from nine to eight members beginning in April 2017.
- ANNA held the 14th Biennial Health Policy Workshop in Washington, DC, June 22-23, as well as a Virtual Lobby Day for those individuals who could not be in Washington. Led by ANNA Health Policy Committee Chairperson **Dave Walz** and Federal Health Policy Consultant **Jim Twaddell**, workshop participants learned about current nephrology health policy issues and visited Capitol Hill. In conjunction with the workshop, ANNA hosted the third annual Virtual Lobby Day on June 23.
- The Continuing Education Approval Board, led by **Anne Webber**, initiated an online CNE application process for ease of application submissions.
- ANNA hired Lee Culvert to help assess the Association and our corporate image.
- ANNA Past President **Donna Bednarski** was selected to serve as chair of the Kidney Care Partners Operations Committee.
- ANNA President **Cindy Richards**, Past President **Donna Bednarski**, and Federal Health Policy Consultant **Kara Gainer** participated in Hill Day with Kidney Care Partners.

The Mission of ANNA

ANNA promotes excellence in and appreciation of nephrology nursing so we can make a positive difference for people with kidney disease.

Goals

- ANNA provided comment letters to the Centers for Medicare & Medicaid Services on: proposed rule related to discharge planning, proposed rule related to longterm care facilities, proposed rule on ESRD Prospective Payment System and Quality Incentive Program, ESRD access to transplant measure development, and ESRD vascular access measures development.
- ANNA submitted health policy priorities to the 2015 Summit of U.S. Kidney Organizations during American Society of Nephrology Kidney Week.
- ANNA joined forces with other organizations and signed on or supported a variety of other letters that either have had or will have the potential to impact nephrologyrelated issues.
- The Awards and Scholarships Committee, led by Maryam Lyon, and the Research Committee, led by Mary Haras, awarded over \$98,000 in awards, scholarships, and grants to ANNA members and chapters.
- Based on the work by Drs. Beth Ulrich and Tamara Kear in 2014-2015 on the culture of patient safety, ANNA has joined a group of nephrology caregivers to help develop a National Dialysis Safety Initiative. The steering committee, led by the Renal Physician Association, includes two ANNA members: Tamara Kear and Jennifer Payton. They have participated in four webinars addressing issues impacting safety in nephrology practice settings. The webinars addressed: (1) Culture of Safety, (2) Medication Reconciliation, (3) Infection Control, and (4) Transitions in Care. Watch for additional information and opportunities to be involved with this workgroup.

Strategic Initiatives

Strategic Initiatives are time bound projects that cover multiple issues and incorporate both of the previously listed goals. Each initiative is designed to be multiyear, multidimensional, and measurable.

1. Improving and expanding our virtual community.

- ANNA is committed to ensuring that the Association website is a portal to a vibrant virtual learning community that attracts new visitors and demonstrates greater overall use. A schedule has been established to review the website to ensure that documents remain pertinent and up-to-date. **Angela Kurosaka** serves as the Board liaison for this initiative.
- ANNA supports and interacts with the National Office in implement, evaluate, and refine services based on information that is received from members.
- ANNA communicates about and markets new services and identifies various avenues and customers to market services. Digitell, the service provider that provides the platform for the ANNA Online Library, will be updating and changing the platform in 2016. Watch the Library for a new, updated look.
- A Professional News area is featured on the ANNA website home page.

2. Providing excellent, relevant learning opportunities.

- The ANNA Chapter Support Team and the Leadership Development Committee continue to develop Fast 15s for ANNA members and leaders.
- *CExpress* continues to grow. Twelve new modules were developed and posted to the Online Library this year. Topics include: transplant, nutrition, assessment, anemia management, home hemodialysis, peritoneal dialysis, new admissions, lab values, chronic kidney disease, vascular access, hemodialysis basics, and top drugs to avoid in kidney disease.
- Six Translating Research Into Practice (TRIP) resource sheets have been posted on the ANNA website thanks to the Specialty Practice Networks and BOD Liaison **Gayle Hall**.
- The Certification Review Course, recorded at the National Symposium and coordinated by National Secretary Lynda Ball, is available in the Online Library.

3. Developing leaders and benefiting from their contributions.

• All ANNA leaders and emerging leaders understand and embrace a strengths-based approach to leadership development.





APRIL 46th ANNA National Symposium, Orlando, FL ANNA releases updated educational modules: *What Every Nurse Caring for the CKD Patient Should Know*



MAY ANNA introduces *CExpress*, concise online nephrology educational programs ANNA represented at Kidney Health Initiative Stakeholders Meeting



JUNE ANNA Health Policy Workshop, Washington, DC Virtual Lobby Day

Strategic Initiatives

- The Leadership Library in the Online Library has been updated and will have additional sessions added to help educate ANNA leaders.
- A successful Volunteer Leader Workshop was held in April 2015 to educate local chapter and national leaders with face-to-face educational opportunities.
- Quarterly conference calls were held with all committee chairs and BOD members to increase communications among ANNA leadership.

4. Influencing key decisions that impact nephrology nursing.

 ANNA continues to advocate for CKD, nephrology nursing, and nursing issues in general and collaborates in appropriate areas with organizations and groups that share our interests.

Learning, Leading, Connecting and Playing at the intersection of Nephrology and Nursing

Led by Denise Murcek, the Nephr ANNA Conferences Committee planned the 2015 Fall Meeting in Austin, TX, and the 47th National Symposium in Louisville, KY. Due to the overwhelming positive comments about the hands on and audience response sessions in the meeting evaluations, these will continue to be offered.

ANNA Chapter Support Team (ACST)

The ACST, led by Nancy Smith and her team, continue to work with ANNA chapters and provide support throughout the year. The ACST is a great resource to all chapters for



assistance or guidance. The ACST publishes a quarterly newsletter, ACST Spotlight, that is filled with useful information for chapter leaders. The ACST has developed many Fast 15s to provide necessary information for chapters in 15minute segments. They also helped to develop sessions and present content at the Volunteer Leaders Workshop (VLW).

- Forty-four individuals participated in a successful Health Policy Workshop in June 2015.
- The Health Policy Committee started a discussion group in ANNA Connected to address issues affecting nephrology nursing.
- ANNA is represented in several organizations, such as Kidney Care Partners and Kidney Health Initiative, in order to keep abreast of current issues.
- ANNA uses CongressWeb to enable members to contact elected representatives about issues important to nephrology nurses.

Specialty Practice Networks (SPNs)

The SPNs, led by Cheryl Groenhoff, have had a busy year. They developed six TRIP sheets, reviewed abstract proposals, and developed SPN sessions for Specialty Practice Networks the National Symposium.



Task Forces

- The CKD Module Task Force, led by Lesley Dinwiddie, completed the revision of this series of educational modules entitled Chronic Kidney Disease: What Every Nurse Caring for the CKD Patient Should Know. The modules are available on the ANNA website and in the ANNA Online Library.
- The Glossary Task Force, led by **Dr. Debra Hain**, has completed their work and it has been submitted to the ANNA Board of Directors for approval.

Collaboration

Many ANNA members participate on various workgroups or expert panels. They include, but are not limited to:

- Alliance for Home Dialysis: Melanie Baumgartner, Mary Showers, Patrice Zyry
- American Nurses Association (ANA) Nurse Fatigue Professional Issues Panel: Anicia Cross-Robinson, Andrew Vick



JULY Board of Directors Meeting, Philadelphia, PA ANNA represented at American Nurses Association Membership Assembly



AUGUST ANNA responds to CMS rule on ESRD PPS and QIP National dialysis patient safety initiative launched with Renal Physicians Association

Nephrology NursesWeek
NursesWeek

SEPTEMBER Nephrology Nurses Week ANNA represented at Kidney Community Advocacy Day

Collaboration (continued)

- ANA Professional Issues Panel: Norma Gomez
- ANA Nursing Practice & Work Environment Department: Charla Scheve
- ANA Specialty Nursing Association Partners in Geriatrics Web Fellow: **Debra Hain**
- American Society for Nephrology Geriatric Nephrology Advisory Group: **Debra Hain**
- Association for Advancement of Medical Instrumentation: Glenda Payne
- Centers for Disease Control & Prevention Clinician Outreach & Communication Activity: Kerri Holloway
- Centers for Medicare & Medicaid Services (CMS) Transplant Technical Expert Panel (TEP): Linda Wright
- CMS ESRD Functional Status TEP: Debra Hain
- Coalition for Supportive Care of Kidney Patients: Glenda Harbert
- End Stage Renal Disease Health and Information Technology Coalition: **Deb Kaiser, Jonathan Flores, Frank Borsey, Angela Taylor Smith**
- The Joint Commission: Joanne Brady, Judy Kauffman
- Kidney Care Partners (KCP) Consultant: Donna Bednarski
- KCP Kidney Care Quality Alliance (KCQA) Measure Feasibility Testing Group: **Glenda Payne**
- KCP Quality Initiative Steering Committee: Glenda Payne
- Kidney Community Emergency Response Coalition: Melinda Martin-Lester
- Kidney Health Initiative (KHI): Cindy Richards, Sheila Doss-McQuitty, Sharon Longton
- KHI Fistula Subcommittee: Donna Bednarski
- KHI Patient Preference Workgroup: Lillian Pryor
- KHI Remote Monitoring Project: Charla Scheve
- KHI Vascular Access Workgroup: Lynda Ball
- National Quality Form: Beth Evans
- Nephrology Nurse Sensitive Quality Indicators: Carolyn Latham
- Network New England Healthcare Associated Infections: Karen Robbins
- Patient-Centered Outcomes Research Institute (PCORI): Leslie Dork
- PCORI Representative: Glenda Payne

- PCORI Engagement Grant Advisory Board: Sheila
 Doss-McQuitty
- Renal Physician Association National Patient Safety Initiative: Tamara Kear, Jennifer Payton
- United Network for Organ Sharing: Diane Derkowski
- Vascular Access TEP: Monet Carnahan

Specific collaborative efforts this year included the following activities.

- Canadian Association of Nephrology Nurses and Technologists: President-Elect **Sheila Doss-McQuitty** attended this meeting as ANNA's representative.
- European Dialysis and Transplant Nurses Association/ European Renal Care Association: Immediate Past President **Sharon Longton** attended this meeting as ANNA's representative.
- American Society of Nephrology (ASN): Executive Director **Mike Cunningham**, President **Cindy Richards**, and President-Elect **Sheila Doss-McQuitty** attended and represented ANNA at ASN Kidney Week 2015. During the meeting, they also took the opportunity to meet with the National Renal Administrators Association, U.S. Summit of Kidney Organizations, Sandoz Biopharmaceuticals, Baxter, and the KHI Open House. Members of the Nephros South Chapter of ANNA graciously volunteered to man the ANNA booth in the ASN exhibit hall.
- American Nurses Association (ANA): President Cindy Richards attended the annual Membership Assembly.
- ANA Nursing Organization Alliance: President **Cindy Richards**, President-Elect **Sheila Doss McQuitty**, and Executive Director **Mike Cunningham** attended as ANNA representatives.
- American Society of Association Executives: Executive Director Mike Cunningham and President-Elect Sheila Doss McQuitty attended the meeting as ANNA representatives.
- National Student Nurses Association: Renee Hill and Angela Taylor Smith attended as ANNA representatives.
- Kidney Care Partners (KCP): ANNA Federal Health Consultant Representative Kara Gainer, ANNA KCP Consultant Donna Bednarski, and President Cindy Richards attended the quarterly KCP meetings as ANNA representatives.

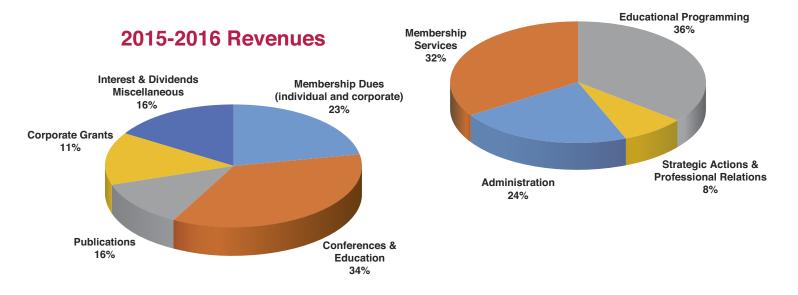


OCTOBER ANNA Fall Meeting, Austin, TX ANNA responds to CMS rule on long-term care facility requirements NOVEMBER ANNA participates with kidney community stakeholders in patient safety webinars for National Dialysis Safety Initiative

ANNA responds to CMS rule on hospital/home health discharge planning requirements ANNA submits comments to KDIGO on living kidney donor clinical practice guidelines

Financials

2015-2016 Expenses



Summary

REALIZING THE POWER WITHIN! When I began my journey as National President

on April 21, 2015, never did I realize that the statement "realizing the power within" would come in to play so quickly! The day I became ANNA President I received a call that my elderly father had passed away after a short illness. That day was a tribute to the internal power and strength I really never knew I had. I was supported by my wonderful ANNA friends and colleagues that day, and that support has continued on all year. Each of you has helped to make this year in ANNA a success.

ANNA is only as strong as its members. It takes each of us

contributing to keep us moving forward. Whether you are a

chapter member, a chapter leader, a committee member, a

committee chair, or serve on the Board of Directors, your role

is vitally important. ANNA listens to members about what they

want. Every National Symposium and Fall Meeting evaluation comment is read, every "Start, Stop, Continue" card is

reviewed, and the information gathered there is compiled and

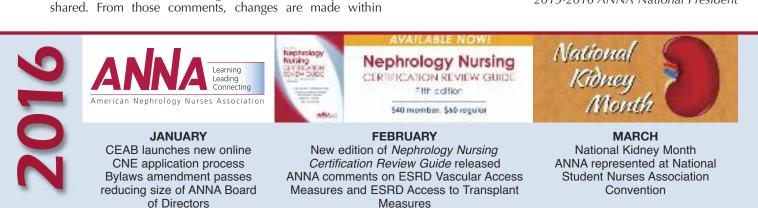


ANNA based on what members want. We may not be able to act on every suggestion, but please know that your comments are heard, reviewed, and acted upon whenever possible.

ANNA is committed to continue to provide quality educational opportunities, support evidence-based research, engage in interdisciplinary practice, and provide opportunities for growth for you both as an individual and as a nephrology nurse leader. ANNA is committed to leading initiatives to demonstrate that the role of the professional nephrology nurse is critical to positive patient outcomes.

It has been an honor to serve ANNA as president this year. I have met many wonderful people and had the opportunity to attend meetings to represent ANNA over the past 12 months. I look forward to continuing to work with and for ANNA this next year as Sheila Doss-McQuitty assumes the role of ANNA President for 2016-2017.

> Cindy Richards, BSN, RN, CNN 2015-2016 ANNA National President



Measures



Member Spotlight

Joanne Smith, RN First State Chapter #134

Joanne has been working as an RN in the dialysis field since 1995. When she graduated, the only available RN open-

ings were in home health, long-term care, and dialysis. After interviewing and accepting a position in dialysis, it wasn't long before Joanne was managing an in-center hemodialysis clinic and signing up to become a member of ANNA.

Seven years ago, Joanne accepted a position to manage a home dialysis program. Four years ago, she assumed the role of health policy representative for the newly formed First State Chapter of ANNA in Delaware. Since its inception, Joanne also has served the First State Chapter in other roles, including chapter president.

Currently, the Fresenius Medical Care (FMC) clinic in north Delaware that Joanne manages is one of the largest home programs in the country with a census of 97. She also has a home program at the FMC Riverside Park location with 28 patients and the FMC Elkton (Maryland) facility with 11 patients under her management. Joanne provides education regarding treatment options to chronic kidney disease and in-center patients who are not aware of or did not remember the home treatment option.

When providing education about treatment options to patients, Joanne discusses transplantation. She tries to encourage patients to enlist friends, family, neighbors, church members, etc., to consider donating a kidney. She reminds patients to share these words: "You can live a normal life with one properly functioning kidney," and "God gave most of us two kidneys so we could share one."

Over the years, Joanne verbalized to family and friends that she would like to donate a kidney herself, but she never acted upon it. However, in early May 2015, when she was in church she felt called to be tested to determine if her kidney was a match for one of her home hemodialysis patients. The next day, Joanne contacted the transplant center to set up the evaluation. The process was seamless and she learned that she was a good match for her patient. The decision to donate her kidney was made, and the surgery took place on August 11, 2015. Joanne stated that she was not nervous even though this was the first surgery she had ever undergone. She said she knew that if this decision was God's plan, nothing would go wrong. Everything went smoothly. Joanne and the patient who received her kidney are doing great! In fact, both of them were interviewed by ABC News, and the segment aired on the local news station on New Year's Eve 2015. (See the news article and video at http://6abc.com/health/del-nurse-gives-man-life-back-with-kidneytransplant-/1142684/)

Outside of ANNA, Joanne serves as education manager for the Dialysis Patients Citizens (DPC) organization, providing education to DPC members on a continuous basis via the organization's website, e-newsletter, and print newsletter.

Joanne is a tribute to nephrology nurses everywhere. Thank you, Joanne, for all that you do for your patients! Your involvement in nephrology certainly reflects ANNA's mission: "to promote excellence in and appreciation of nephrology nursing so we can make a positive difference for people with kidney disease."

ANNA Collaborative Partners

- Agency for Healthcare Research & Quality Alliance for Home Dialysis American Association of Kidney Patients American Kidney Fund American Nurses Association American Society for Apheresis American Society of Association Executives American Society of Nephrology American Society of Pediatric Nephrology Association for Advancement of Medical Instrumentation Association for Vascular Access Canadian Association of Nephrology Nurses & Technicians Centers for Disease Control and Prevention Centers for Medicare and Medicaid Services
- Coalition for Supportive Care of Kidney Patients
- European Dialysis and Transplant Nurses Association / European Renal Care Association
- Forum of ESRD Networks
- Quality Conference Planning Committee
- Health Policy Coalitions
- Joint Commission
- Kidney Care Partners
- Kidney Community Emergency Response Coalition
- Kidney Health Initiative
- Healthcare Information & Management Systems Society
- National Association of Nephrology Technicians/Technologists National Kidney & Urologic Diseases
- Information Clearinghouse

National Kidney Foundation (NKF) NKF Kidney Disease Improving Global Outcomes National Quality Forum National Renal Administrators Association National Student Nurses Association Network of New England Healthcare Associated Infections Collaborative Advisory Committee Nephrology Nursing Certification Commission Nurse in Washington Internship Nursing Organizations Alliance Patient-Centered Outcomes Research Institute Renal Physicians Association **Technical Expert Panels** United Network for Organ Sharing



APRIL/MAY Volunteer Leaders Workshop 47th National Symposium Louisville, KY

Coming Soon!

Nephrology Nursing Scope and Standards of Practice (8th edition)

Contemporary Nephrology Nursing: Principles and Practice (3rd edition)

2015-2016 Board of Directors



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Learning, leading, connecting, and playing at the intersection of Nephrology & Nursing. 2015-2017 Strategic Plan

Mission Statement

ANNA promotes excellence in and appreciation of nephrology nursing so we can make a positive difference for people with kidney disease.

Rationale

The nephrology environment continues to be in a sea of change, and in order to be a vibrant, robust association, we must change as well. ANNA needs to look at new and innovative ways to both meet the needs of our members and help members best serve patients. Our strategic plan will guide us in moving forward together.

Core Beliefs

As individual members of ANNA and together as an organization, we intend to act consistently with our core beliefs that:

- 1. Nephrology nurses have an opportunity and responsibility to enhance the quality of care delivered to people with kidney disease.
- As an organization we have the responsibility to provide sound educational programs necessary to develop, maintain, and augment competence in practice, and that we as individual practitioners have the responsibility to continue to deepen our knowledge, sharpen our skills, and develop our competencies.
- ANNA must support research to develop evidence-based practice, as well as to advance nursing science, and that as individual members, we must support, participate in, and apply evidence-based research that advances our own skills, as well as nursing science.
- 4. We must support and engage in collaboration that results in higher quality patient care and more cost-effective health care delivery.
- 5. We benefit as an organization and as individuals when we embrace and nurture diversity in all of its dimensions.
- Nurses must be respected in the workplace, and ways of demonstrating this respect are to support them in their professional growth and employ them at their highest level of education and training.
- 7. ANNA must provide nurses with leadership opportunities, and nurses need to seize opportunities to develop and polish their leadership skills.
- 8. We benefit intellectually and spiritually when we socialize together.

Strategic Issues

- 1. Education
- 2. Evidence-Based Practice 8. Membership
- Advocacy
 Leadership
- 9. Diversity

7. Board Culture

- 10. Financially Sound
- Organizational Identity 11. Strategic Partnerships
- Organizational Identity
 Technology

Goals

Goal #1 — ANNA will provide member services that are outstanding in quality, accessible through a variety of modalities, and meet our members' needs.

Goal #2 — ANNA will remain a relevant proactive, inclusive, and vibrant organization.

Initiatives

- 1. Improving and expanding our Virtual Community.
- 2. Providing excellent, relevant learning opportunities.
- 3. Developing leaders and benefiting from their contributions.
- 4. Influencing key decisions that impact Nephrology Nursing.

Desired Outcomes of Strategic Plan

ANNA will have more members and those members will be: Better informed.

- More engaged and committed to ANNA.
- More diverse in age, race, and gender.
- More diverse in professional levels and subspecialties.