Join your colleagues
ANNA National Symposium

Orlando, FL
Caribe Royale
August 30 - September 2, 2020

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www.annanurse.org
Preconference Workshops

SUNDAY, AUGUST 30

7:00 am - 1:15 pm
Optional Preconference Workshops (010-030)
Separate registration fee required (includes continental breakfast)

010 Certification Review Course
6.0 CH, 2.0 Rx
Lynda Ball, MSN, RN, CNN, Chair
Deborah Brooks, MSN, RN, APN-BC, CNN, CNN-NP
Diane Derkowski, MA, RN, CNN, CCTC
Joanna Neumann, RN, CNN
This workshop will provide a comprehensive review of nephrology nursing, including nephrology concepts and treatment modalities, and is ideal for individuals preparing for certification in nephrology nursing.

020 Advocacy for Patient/Nurse Safety: Proposing Standards in the Acute Care Setting
6.0 CH
Robin Collins, MS, BSN, RN, CNML, CJCP
Tara Crockett, BN, RN, CHSE
Stephanie Elliott, MS, RN, CNN
Faith Lynch, MSN, RN
Naveed Masani, MD, FACP, FASN
Barbara Odom, BSN, RN, CDN
Acute dialysis is provided in hospitals across the United States. While chronic dialysis units have conditions for coverage to guide their daily standards of practice, acute care dialysis settings have minimal regulatory and quality guidance. This workshop will address workplace issues, such as work hours, staffing patterns, bullying, and violence, and provide best practice standards for acute dialysis settings with an emphasis on patient and nurse safety.

030 Hyper/Hypotension in Dialysis and Chronic Kidney Disease
6.0 CH, 3.0 Rx
Zorica Kauric-Klein, PhD, APRN-BC
Shannon Lang, MSN, RN, AGACNP-BC
Wendy St. Peter, FCCP, FASN, FNKF
Raymond Townsend, MD
Blood pressure management is a common challenge for nephrology nurses caring for patients on dialysis. This workshop will review the pathophysiology of blood pressure conditions in kidney disease, nursing assessment, treatment options, and guidelines governing evidence-based care.

7:00 am - 1:15 pm
Leadership Education and Development (LEAD) Workshop (040 or 050)
By invitation only.

040 LEAD Workshop for Chapter Officers
This workshop will provide leadership training and development for ANNA chapter officers. Invitations and complete program details were provided to incoming 2020-2021 chapter officers.

050 LEAD Workshop for SPN Leaders/Advisors
This workshop will provide leadership training and development for Specialty Practice Network (SPN) Leaders and Advisors. Invitations and complete program details were provided to incoming 2020-2021 SPN Leaders/Advisors.

Note: The LEAD orientation program includes the preconference workshop and a choice of two symposium sessions on Monday, August 31 (session #135 or #136 AND session #145 or #146)

Symposium Agenda

SUNDAY, AUGUST 30

1:15 pm - 3:00 pm
101 Lunch / Non-CE Product Theater
Sponsored by AstraZeneca Pharmaceuticals

3:00 pm - 3:45 pm
102 Orientation for New Members, First-Timers, & International Attendees

REGISTER
annanurse.org/2020-symposium
SUNDAY, AUGUST 30

4:00 pm - 4:30 pm
Opening Ceremonies

4:30 pm - 5:30 pm
Janel Parker Memorial Session

103 A New Era in Nursing: Enabling Professional Empowerment
1.0 CH
Kay Wagner, DHA, MSN, RN

Historically, nursing has been viewed as an oppressed profession. An understanding of oppressed behaviors may be the first step in overcoming the obstacles that prevent nurses from becoming empowered professionals. Explore the phenomenon of empowerment as it relates to the culture of nursing.

5:45 pm - 8:15 pm
104 Exhibit Hall Grand Opening / Reception

7:30 pm - 8:30 pm
Wine & Cheese / Non-CE Product Theater*
Sponsored by AstraZeneca Pharmaceuticals

*Note: Limited to 100 attendees. Entrance is on a first-come, first-serve basis.

MONDAY, AUGUST 31

6:00 am - 6:45 am
105 Healthy Living / Fitness Walk

7:00 am - 8:45 am
Breakfast / Symposium

110 Evolving Management Approaches to Anemia in Chronic Kidney Disease: Implications for the Nephrology Nurse
1.25 CH
Supported by an educational grant from AstraZeneca Pharmaceuticals LP in collaboration with FibroGen

8:45 am - 10:15 am
120 Exhibits / Posters / Coffee Break
2.0 CH

10:15 am - 11:30 am
Concurrent Sessions (131-136)

131 Renal Pathology in Glomerular Disease
1.25 CH
Alexis Harris Snead, MD

Explore the pathophysiologic findings, evaluation, and differential diagnosis of the most common glomerular diseases.

132 Caring for the Patient with a Congenital Heart Defect on Dialysis
1.25 CH, 0.25 Rx
Kristen Stocker, MSN, RN, CPN

It is estimated that 2-3 million people in the United States have a congenital heart defect (CHD), and 30%-50% of those have kidney disease. Learn more about the unique needs, potential complications, and treatment considerations for patients with CHD requiring vascular access.

133 Handling Anemia
1.25 CH, 1.25 Rx
Christine Chmielewski, MS, CRNP, CNN-NP, APRN-BC

Anemia is a common challenge for nephrology nurses to manage in patients with chronic kidney disease. This session will provide an update on anemia management guidelines, including current medications and potential adverse effects.
134 Vascular Access: Catch It Before It Fails  
1.25 CH  
Spencer Galt, MD  
A primary concern for nephrology nurses caring for dialysis patients is protecting and maintaining the patient’s access. Learn more about the signs of a failing access, procedures that facilitate identification of a problematic access, and the process for handling vascular access complications.

*135 The Advocacy Journey  
1.25 CH  
Jodie Szlachta, PhD, CRNA  
Follow the advocacy journey of a professional nurse and explore opportunities for personal advocacy engagement. Learn how you can use your position as a nurse to advocate for patients.

*136 Online Resources for Volunteers  
1.25 CH  
Celess Tyrell, BA, DES  
Many online tools are available to make your role as a volunteer ANNA leader easier. Learn about using these resources and why they matter. This presentation will provide an overview of ANNA Connected, social media, Zoom, Doodle, Dropbox, and more, and will offer ideas and insights as you plan for the ANNA year.

*Sessions 135 and 136 are designed for ANNA volunteer leaders as part of the LEAD orientation program.

11:45 am - 1:00 pm  
Concurrent Sessions (141-146)

141 Is It Gangrene or Calciphylaxis?  
1.25 CH, 0.5 Rx  
Naveed Masani, MD, FACP, FASN  
Early recognition and prompt treatment of calciphylaxis in patients with renal disease is vital for symptom relief, ulcer healing, and prevention of sepsis and death. Learn how to recognize the symptoms of calciphylaxis early in patients in acute and chronic settings in order to achieve optimal patient outcomes.

142 Cognitive Impairment, Vascular Dysfunction, and Physical Inactivity in Older Adults with Chronic Kidney Disease  
1.25 CH  
Mary Hannan, PhD, APRN, AGACNP-BC  
Dr. Hannan will share the findings of a research study examining the differences in cognitive function, vascular function, and physical inactivity levels in older adults with and without kidney disease and the implications for appropriate assessment and interventions in older patients with kidney disease.

143 Racial Gaps in Kidney Transplantation  
1.25 CH  
Tanjala Purnell, PhD, MPH  
What are the barriers contributing to racial-ethnic disparities in kidney transplantation? This session will focus on identifying effective mechanisms to eliminate racial-ethnic barriers and increase access to transplantation.

144 Advancing American Kidney Health: Update on the Executive Order and ANNA’s Action  
1.25 CH  
Donna Bednarski, MSN, RN, ANP-BC, CNN, CNP  
James Twaddell  
The 2019 Executive Order on Advancing American Kidney Health has opened the door for changes in the care of patients with kidney disease as well as collaboration between nephrology nurses and other key nephrology providers. Learn more about the Executive Order and potential future implications for kidney care and nephrology nursing.

*145 Strategies to Recruit and Retain Nephrology Nurses  
1.25 CH  
Kristin Larson, MSN, RN, AGNP-BC  
Alice Luehr, DNP, RN, CNN  
Nancy Pierce, BSN, RN, CNN  
This session will review generational attributes that contribute to employment retention and satisfaction, and strategies to recruit new nephrology nurses and retain current nephrology staff.
**Hands-On Lab: Online Resources for Volunteers**

1.25 CH

Celess Tyrell, BA, DES

If you are looking for help using online resources such as ANNA Connected, Facebook, Doodle, Dropbox, and more, this hands-on lab is for you! For the best experience, bring a laptop or tablet with you to the session. *(Note: Session is limited to 25 participants.)*

*Sessions 145 and 146 are designed for ANNA volunteer leaders as part of the LEAD orientation program.*

1:00 pm - 1:30 pm

150 Box Lunch

1:30 pm – 2:30 pm

**Specialty Practice Networking Sessions (161-165)**

161 **Health Policy ~ Stepping Up Your Advocacy**

1.0 CH

162 **Home Therapies ~ Keeping Patients at Home: Critical Elements for Longevity on Home Therapy**

1.0 CH

163 **Pediatrics ~ Haunted House, If These Walls Could Talk: What Makes a Good Home Visit**

1.0 CH

164 **Acute Care ~ Improving Continuity of Care for Acute Patients: Cultivating Interdisciplinary Collaboration**

1.0 CH

165 **Chronic Kidney Disease ~ Supporting Patients Who Choose Not to Receive Renal Replacement Therapy**

1.0 CH

2:30 pm - 4:00 pm

**Exhibits / Posters / Refreshment Break**

4:15 pm – 5:15 pm

**Specialty Practice Networking Sessions (171-175)**

171 **Hemodialysis ~ Alice Through the Looking Glass: A Look at the Acute Kidney Injury Patient’s Continuity of Care from Hospitalization to the Chronic Unit**

1.0 CH

172 **Advanced Practice ~ Negotiation and Contracts for the Advanced Practice Nurse**

1.0 CH

173 **Administration ~ Horizontal Violence in Nursing: Impact in Nephrology Settings**

1.0 CH

174 **Transplantation ~ Not a Mickey Mouse Operation: What Happens When Your Patient Gets ‘The Call’ for a Kidney Transplant**

1.0 CH

175 **Educator ~ Creating a Culture of Civility through Communication, Collaboration, and Collegiality**

1.0 CH

8:00 pm - 10:00 pm

180 **Dance Party**

Enjoy an evening of music, dancing, and light refreshments with friends and colleagues at the dance party.

**TUESDAY, SEPTEMBER 1**

7:00 am - 8:30 am

201 **Breakfast / CE Symposium**

**Chronic Pruritus: Nursing Management and Treatment Landscape**

1.0 CH, 1.0 Rx

*Supported by an educational grant from Cara Therapeutics*

8:45 am - 10:30 am

**Exhibits / Posters / Coffee Break**
Symposium Agenda

10:30 am - 11:45 am
Concurrent Sessions (211-215)

211 **Home Dialysis: Reaching the CMS Goal of 50% by 2025**
1.25 CH
Lisa Koester-Wiedemann, ANP, CNN-NP

Enhancing patient education about kidney disease treatment options enables patients and families to make informed decisions about home care. This session will focus on the components of an effective patient education plan and strategies to increase home dialysis penetration.

212 **Cardiovascular Disease: It’s Not Just for Adults**
1.25 CH, 0.5 Rx
Suzan Stephens, BSN, RN, CNN
Barbara Cometti, MA, BSN, RN, CDN

Left ventricular hypertrophy is the most common cardiac abnormality in children with chronic kidney disease (CKD) and can disrupt the conduction system in the heart, leading to fatal arrhythmias, sudden cardiac death, or cardiac failure. Learn more about the importance of accurately measuring blood pressure, managing hypertension, and performing frequent dry weight assessments to reduce the risks associated with cardiovascular disease in children with CKD.

213 **Rhabdomyolysis**
1.25 CH, 1.25 Rx
Rasheed Balogun, MD, FACP, FASN, HP(ACSP)

This session will provide an overview of rhabdomyolysis, including etiology, signs and symptoms, laboratory values, and treatment options.

214 **Understanding Basic Lab Values 101**
1.25 CH
Deborah Brooks, MSN, RN, ANP-BC, CNN-NP, CNN

This session will review laboratory values that are key in diagnosing and assessing the progression of kidney disease, including anemia, electrolytes, nutrition, bone management, urine microscopy, and adequacy of dialysis.

215 **New Advances in Apheresis**
1.25 CH
Darinka Povrzenic, MBA, HP(ASCP), RN

Learn about recent advances in therapeutic apheresis, including technical improvements, new indications for use, and recommendations for treatment. The session also will address the nephrology nurse’s role as a stakeholder in this therapy.

12:00 nn - 1:30 pm

220 **Nephrology Nurse Recognition Lunch**

1:45 pm - 3:00 pm
Concurrent Sessions (231-235)

231 **Stop the Revolving Door: Home Dialysis Patient Retention Strategies**
1.25 CH
Nupur Gupta, MD

Explore the challenges of retaining patients on home therapy. Potential complications of long-term home dialysis, high-risk assessment, and strategies to maintain patients on home dialysis will be discussed.

232 **Authentic Leadership**
1.25 CH
Judy Kauffman, DNP, MSN, RN, CNN

Do you possess the characteristics of an authentic leader? Whether you are a formal or informal leader, this session will help you identify strategies to implement authentic leadership in your practice.

233 **What Is Cannabis? Dive into the Weeds with CKD and Drug Interactions**
1.25 CH, 1.25 RX
Lisa Miller Hedin, BSN, RN

What is cannabis, and how is it being used in kidney care? Explore the differences between cannabis, marijuana, and hemp as well as the legalities associated with each substance. Learn about the dialyzability of these substances and the relationship to the disease process and common kidney disease treatments.
234 Complement and the Kidney: Atypical Hemolytic Uremic Syndrome and C3 Glomerulopathy
12.CH, 0.75 RX
Bradley Dixon, MD, FASN

What are the differences between atypical hemolytic uremic syndrome and C3 glomerulopathy? Learn more about these renal diseases, which can occur when the body fails to properly regulate the activation of the complement system, and promising new complement-targeted therapeutic agents that may provide better patient outcomes.

235 From Idea to Article: Writing for Publication Workshop
1.25 CH
Beth Ulrich, EdD, RN, FACHE, FAAN

Nephrology Nursing Journal Editor Beth Ulrich will review the manuscript development, peer review, and publication processes and provide tips for developing a plan for writing and submitting a manuscript for publication.

3:15 pm - 4:15 pm
Concurrent Sessions (241-245)

241 Transitional Care Units
1.0 CH
Melissa Herman, MBA, BSN, RN

What is a transitional care unit? How can this unit help achieve the 2025 goal for 50% of kidney disease patients to receive treatment at home? How do you start a transitional unit in your clinic? Discover the answers to these questions during this informative session.

242 Dyslipidemia Across the Kidney Disease Spectrum
1.0 CH, 0.5 Rx
Leah Foster Smith, MSN, APRN, FNP-BC, CNN-NP, FNKF

This session will provide an overview of dyslipidemia, including laboratory findings and the association with various kidney diseases and disorders. Review treatment guidelines from organizations (American Heart Association, National Lipid Association, KDIGO) and practice applications for patients across the kidney disease spectrum.

243 The Relationship Between Inflammation, Depression, and Nonadherence Among Persons with ESRD
1.0 CH
Kathleen Fulmer, PhD, FNP, RN, CNN

Ms. Fulmer will share the findings of a research study examining the relationship between inflammation and nonadherence to dialysis treatment in end-stage renal disease (ESRD) patients with depression as a mediating factor. Implications for patient care also will be discussed.

244 How Can We Help Patients Find a Living Kidney Donor?
1.0 CH
Jennifer Martin

Patients who receive a living donor kidney live longer than those who receive a transplant from a deceased donor; however, the barriers to living donation are considerable. This session will share information about resources, training, and support available to overcome barriers to living organ donation, including a National Kidney Foundation initiative to train people to share their story about the need for a kidney donor and a transplant.

245 Sepsis Case Study
1.0 CH, 1.0 RX
Maria Teresa Palleschi, DNP, APRN-BC, RN, CCRN
Susanna Sritiani, DNP, ACNP-BC, ANP-BC, RN, CCRN

This case study presentation will follow a patient on a chronic unit who develops sepsis, beginning with admission, to aggressive treatment, diagnostic approaches for catheter-related infections, and transition from inpatient to outpatient care. Preventive strategies also will be shared.

4:30 pm - 5:30 pm
Concurrent Sessions (251-252)

251 Abstracts Presentations: Clinical Focus
1.0 CH

252 Abstracts Presentations: Research Focus
1.0 CH
5:45 pm - 7:15 pm
260 Dinner / Non-CE Product Theater*
- Nurse Perspective: Elevating the Critical Role of the Care Team in Management of Secondary Hyperparathyroidism
- Sponsored by Amgen
*Note: Limited to 200 registrants

WEDNESDAY, SEPTEMBER 2

6:00 am - 7:15 am
Continental Breakfast / Non-CE Product Theater
300 Polycystic Kidney Disease
- Sponsored by Otsuka America Pharmaceutical, Inc.

7:30 am - 8:30 am
General Session
301 COVID-19: Looking in the Rearview Mirror and Moving Forward
  1.0 CH
  Elizabeth McNamara, MN, RN

All of us have been affected personally and professionally by COVID-19. At the height of the pandemic, Ms. McNamara was a voice of information in nephrology nursing. Following a brief look back at the impact of COVID-19, Ms. McNamara will focus on how we are applying lessons learned from this experience for nephrology nursing care now and in the future. Join us for a look at how we are – and will continue – moving forward.

8:45 am - 10:00 am
General Session
302 Improving Infection Control Practice in the Dialysis Setting
  1.25 CH
  Tara Millson, DNP, RN, CIC

Infection is the leading cause of hospitalization and the second leading cause of death for hemodialysis patients in the United States, yet many dialysis facilities do not reliably follow basic infection control practices. This session will examine the rules and regulations surrounding infection control in the dialysis setting, identify common barriers to effective implementation of infection prevention programs, and review strategies to overcome those barriers.

10:15 am - 11:15 am
General Session
303 Innovations in Health Care and How They Influence Practice
  1.0 CH
  Catherine Firanek, MBA, BSN, RN

Nephrology patient care is experiencing exciting innovation, including changes in technology, in how we care for patients, and in how patients access care. This session will focus on the need to delay kidney disease progression while also supporting treatment modality decisions. Apps and other technological resources are available to assist patients in managing their care. CVS Kidney Care will be used as an example of a patient program that is using innovation to advance education and care for patients with kidney disease.

11:30 am - 12:45 pm
General Session
304 Finding Joy in Our Work Lives
  1.25 CH
  Joy Baldridge, CPC, CSP

It is often the connections and relationships we develop that bring us joy in life, but we sometimes need to rediscover those sources of joy in order to deal with the stress we encounter in a busy professional life. Learn how to combat stress by reversing your thoughts and actions, making connections, finding joy, and laughing more.

12:45 pm
National Symposium adjourns
# Registration Form

## American Nephrology Nurses Association

### 2020 National Symposium — August 30-September 2, 2020 — Caribe Royale | Orlando FL

**NAME**

**ANNA Membership #**

**CREDENTIALS**

- [ ] RN/NP
- [ ] Non-RN

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### National Symposium Registration Fees

#### Join ANNA / Renew ANNA Membership with Registration

You must be an ANNA member in good standing at the time you register to qualify for the "Member" rate. To join ANNA (or renew your ANNA membership) when registering, choose the "Regular" registration rate.

<table>
<thead>
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<th>Fee includes 1-year ANNA membership (new or renewal)</th>
<th>MEMBER</th>
<th>REGULAR</th>
<th>NONMEMBER</th>
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<td>$260</td>
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<td>National Symposium</td>
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<td>Combination/Best Deal (Only before 7/20/20)</td>
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<td>Daily</td>
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**TOTAL DUE**

- [ ] $______
- [ ] $______

See payment policy at [www.annanurse.org](http://www.annanurse.org)

### SESSION CHOICES: Please mark the sessions and activities you will attend

**Sunday (8/30)**

- 7:00am
  - (010) 105 Walk
  - (020) 110
  - (030) LEAD (Chapters)
  - (040) LEAD (SPNs)

- 10:15am
  - 112
  - 113
  - 114
  - 115

- 1:00pm
  - 150 Box Lunch
  - 151
  - 152
  - 153

- 8:00pm
  - 180 Dance Party

**Monday (8/31)**

- 1:00pm
  - 160
  - 161
  - 162
  - 163

- 10:15am
  - 200
  - 201
  - 202
  - 203

- 1:00pm
  - 210
  - 211
  - 212
  - 213

- 10:15am
  - 220 Lunch
  - 221
  - 222
  - 223

- 4:15pm
  - 230
  - 231
  - 232
  - 233

**Tuesday (9/1)**

- 7:00am
  - 240
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  - 243

- 1:00pm
  - 250
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- 11:30am
  - 260
  - 261
  - 262
  - 263

**Wednesday (9/2)**

- 6:30am
  - 270
  - 271
  - 272
  - 273

- 1:00pm
  - 280
  - 281
  - 282
  - 283

- 9:15am
  - 290
  - 291
  - 292
  - 293

**Registrations will not be processed without payment. Send completed registration form with payment to ANNA in U.S. funds to:**

**ANNA National Symposium**

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