Session Objectives

Sunday, April 22

Preconference Workshops

Preconference 010: Cardiovascular Disease Across the Lifespan: Enhancing Survival by Treating the Risks – 5.25 CH, 120 Rx

Dennis Miura, MD, PhD, FACC, FACP, FCCP (011)
• Review treatment guidelines for hypertension and dyslipidemias.

Dennis Miura, MD, PhD, FACC, FACP, FCCP (012)
• Review treatment guidelines for heart failure.

Mary Schira, PhD, APRN, BC, ACNP (013)
• Review nontraditional cardiovascular risks identified throughout the progression of renal failure.
• Explore creative strategies that may be incorporated to treat nontraditional cardiovascular risk factors.

Mary Schira, PhD, APRN, BC, ACNP (014)
• Summarize the implications to nephrology nursing practice in the treatment of cardiovascular risk factors.
• Analyze case studies in renal patients with cardiovascular disease.

Preconference 020: Diabesity: The 21st Century Epidemic – 5.25 CH, 120 Rx

Catherine Gray, CNS, BC-ADM, CDE (021)
• Describe the prevalence of obesity.
• List at least two health effects of obesity.
• Discuss treatments for obesity, including medical and environmental.

Catherine Gray, CNS, BC-ADM, CDE continued (021)

Sharon Weinstein, MS, RN, CRNI, FAAN (023)
• Discuss the incidence of diabesity and the pandemic nature of the disease.
• State health care projections and cost factors associated with the disease.
• Identify key dietary and pharmacologic factors in managing disease process.
• Describe United States and European approaches to management.

Sharon Weinstein, MS, RN, CRNI, FAAN continued (023)
Preconference 030: Legal Concerns in a Dynamic Health Care Climate – 5.25 CH

**Suzann VanBuskirk, BSN, RN, CNN (031)**
- Discuss the legal implications surrounding public demand for quality care and concern for “harmful events.”
- Identify recent developments within the patient-staff safety movement and the implications for nephrology nurses.
- Describe strategies that nephrology nurses can implement to make health care safer and more effective.

**Carol Rutenberg, MNSc, RNC (032)**
- Define telephone triage and recognize common misconceptions about this practice.
- Identify standards that address telehealth nursing.
- Recognize how breach of standard contributes to bad outcomes resulting in litigation.
- Articulate basic risk management principles for telehealth nursing practice.

**Kristin Larson, ANP, GNP, RN, CNN, and Lisa Zokas Kindy, JD (033)**
- Identify patient-specific legal concerns in health care today.
- Identify staff-specific legal concerns in health care today.
- Describe methods to enhance patient and staff protection from harm.

Preconference 040: Leadership in a Performance Driven World – 5.25 CH

**Gail Wick, MHSA, BSN, RN, CNN (041)**
- List at least four characteristics of an effective team in the nephrology setting.
- State at least two tips for dealing with difficult team members.
- State at least one idea for communicating effectively as a leader.
- Give applications for the use of SWOTs.

**Gail Wick, MHSA, BSN, RN, CNN continued (042)**

**Gail Wick, MHSA, BSN, RN, CNN continued (043)**

**Gail Wick, MHSA, BSN, RN, CNN continued (044)**

Preconference 050: Certification Review Course – 5.25 CH

**Deborah Brooks, MSN, RN, ANP, CNN-NP – Chronic Kidney Disease (051)**
- Identify patients who have or are at risk for CKD.
- Describe strategies to slow the progression of CKD.
- Discuss occurrence, prevention, and treatment of complications and comorbidities of CKD.
- Develop strategies for collaborative treatment of CKD.

**Laurie Biel, BSN, RN, CNN – Peritoneal Dialysis (052)**
- Summarize peritoneal dialysis (PD) as a renal replacement modality.
- Highlight key points of clinical care of a PD patient, including catheter placement, patient training, complications, PD adequacy, fluid balance assessment, and follow-up care.
Sally Russell, MN, CMSRN, CPP – Test Taking Tips (053)
- Describe techniques to use when taking multiple choice tests.
- Summarize methods that can be used to determine the key words in a test question.
- Relate a decreased anxiety level in considering taking a multiple choice exam.

Karen Robbins, MS, RN, CNN – Transplant (054)
- Outline the referral and evaluation process for transplant donors and recipients.
- Discuss the perioperative nursing care of the recipient of a renal transplant.
- Differentiate types of immunosuppressive therapy.
- List common potential problems and related nursing interventions associated with renal transplantation.
- Describe the criteria and process for donation for living and deceased kidney donors.

Lynda Ball, BS, BSN, RN, CNN – Hemodialysis (055)
- Discuss the manifestations of renal failure.
- Explain renal anatomy and physiology.
- Describe all types of vascular access.
- Describe reuse and water treatment in hemodialysis.
- Explain medications used for hemodialysis patients.
- Discuss infection control in dialysis, including vascular access.
- Identify causes of renal failure in acute and chronic patients.

104: Chicken Soup for the Nurse’s Soul – 1.0 CH
LeAnn Thieman, CSP
- Identify factors contributing to stress and “burn-out.”
- Examine the personal joys and benefits of nursing.
- Review techniques to balance life physically, mentally, and spiritually.
- Recognize reasons for hope and methods for healing.

Monday, April 23

111: Utilizing the Buttonhole Technique for Access Cannulation – 1.25 CH
Facilitator: Lesley Dinwiddie, MSN, RN, FNP, CNN
- Discuss advantages of the buttonhole technique for cannulation and dialysis access.

112: Home Hemodialysis – 1.25 CH
Facilitators: Mary Kay Deck, BS, RN, and Sarah Foster, BSN, RN, CNN
- Describe three critical elements of a home hemodialysis program.

113: Caring for the Homeless Dialysis Patient and Dealing with Behavioral Issues – 1.25 CH
Facilitators: Deborah Cote, BSN, RN, CNN, and Judy Kauffman, BSN, RN, CNN
- Discuss resources and interventions for dealing with homeless and difficult patients.

114: Developing Leadership Skills for Daily PD Practice: You Make the Difference – 1.25 CH
Facilitator: Laurie Biel, BSN, RN, CNN
- Identify leadership approaches to problem solving in daily PD practice.

115: Nobody Ever Told Me That! Why Don’t Transplant Candidates Learn What We Teach? – 1.25 CH
Facilitator: Roberta Billman, MSN, RN, CNN, CCTC
- Explore the reasons why pre-transplant education is frequently ineffective and discuss strategies to enhance learning.
Anemia Management Challenges Post Transplant
Facilitator: Lucy Stackiewicz, MSN, RNN, CNRP
• Understand anemia and the chronic inflammatory state of the post-transplant patient and how to deal with this challenge.

116: Management of Pediatric Chronic Kidney Disease, Stages 1-5 – 1.25 CH
Facilitator: Michele Mills, MS, RN, CPNP
• Recognize the differences in secondary complications for CKD at various stages of CKD.

117: CKD Issues a Year Later – 1.25 CH
Facilitator: Mary McGraw, MSN, APRN, BC, ACNP, CNN
• Identify nursing care needed for patients with CKD stages 1-4.

118: Getting to Know You: National View of Acute Renal Care – 1.25 CH
Facilitator: MaryRose Kott, MS, RN, ANP, CNN
• Identify similarities and differences in acute care practice.

130: Advocacy Through Leadership – 1.25 CH
Connie Curran, MEd, RN, FAAN
• Define advocacy.
• Discuss advocacy and nursing.
• Define leadership.
• Describe “authentic leadership.”

151: What’s Hot, What’s Not – 1.0 CH, 20 Rx, AP
Helen Currier, BSN, RN, CNN
• Map a trend’s diffusion into public awareness from its starting point as an emerging issue of change.
• List five trends in health care.
• Identify three trends in nephrology nursing.

152: Medicare Part D: In and Out of the Doughnut Hole – 1.0 CH, AP
Beth Witten, MSW, ACSW, LSCSW
• Describe the current problems regarding Medicare Part D and the “doughnut hole.”
• List the obstacles to getting coverage for those who were “left out.”
• Discuss the implications for patients.
• Describe what actions nurses and the renal team can take to advocate for change and help patients survive the doughnut hole.

153: Nursing Advocacy: Understanding Malpractice – 1.0 CH
Kristin Larson, ANP, GNP, RN, CNN, and Lisa Zokas Kindy, JD
• Discuss the prevalence of malpractice with kidney patients and the nurses who care for them.
• Discuss the legal steps in malpractice.
• Discuss advocacy strategies for nursing leadership in malpractice.

154: Am I My Colleague’s Keeper? – 1.0 CH
Rowena Elliott, PhD, RN, CNN, BC, CLNC
• Define stress.
• Identify at least two types of stress.
• Explain the role of hormones during stress.
• Explain the effect stress has on at least two body systems.
• Describe at least three healthy ways to decrease stress levels.
155: The Dialysis Work Environment, Nurse Staffing, and Nurse Reported Outcomes: The Nephrology Nursing Survey – 1.0 CH
Charlotte Thomas-Hawkins, PhD, RN, and Linda Flynn, PhD, RN
• Describe the specific aims of a study designed to examine the relationships among nurses’ perceptions of the dialysis work environment, nurse staffing levels, and nurse reported outcomes.
• Describe the preliminary findings of this study.

161: Chronic Kidney Disease Stages 1 and 2: Slowing the Progression – 1.25 CH, 30 Rx
Sally Campoy, DNP(c), MS, APRN, BC, CNN
• Describe the incidence and prevalence of CKD stages 1 and 2.
• Identify management strategies to increase awareness and diagnosis of CKD stages 1 and 2.
• State treatment strategies that may potentially slow the progression from CKD stages 1 and 2.

162: Advocacy Through Leadership: Applying a Standard of Professional Performance – 1.25 CH
Sally Burrows-Hudson, MS, RN, CNN, and Lesley Dinwiddie, MSN, RN, FNP, CNN
• Explain the scope of the Standards for Professional Performance specific to leadership.
• Describe how leadership supports advocacy at the individual, clinic, and professional levels.
• Provide three examples of individual, clinic, and professional application as it relates to advocacy.

163: Continuous vs. Daily Dialysis for Acute Renal Failure (ARF) – 1.25 CH
Lauren McDonald, MD
• List the clinical benefits of continuous dialysis vs. daily dialysis in ARF.
• Describe the modality of choice as related to differential diagnosis.
• Discuss issues that impact outcomes and nursing implications for each therapy.

164: Sleep Disorders in Patients with Kidney Disease – 1.25 CH
Sue Zafarlotfi, PhD
• Discuss variation of sleep disorders that may arise as a co-morbid condition with kidney disease.
• Describe sleep disorders, specifically sleep apnea, restless leg syndrome, and insomnia, and their treatments.

165: Promoting the Health of the Older Adult – 1.25 CH
Terran Mathers, DNS, RN
• Define “health promotion” and its importance in the care of the older adult toward achievement of positive patient outcomes.
• List various assessment tools available to identify the needs of this specific patient population.
• Identify interventions proven to be effective for identified needs from evidence-based research.

171: Living Donation and Accessibility to Transplantation – 1.25 CH
Patricia Weiskittel, MSN, RN, APRN, BC, CNN
• Summarize the areas of concern in accessibility to organ transplantation.
• Describe the areas identified as inequities in transplant allocation.
• Identify possible solutions to identified inequities.

172: Building Interpretative Guidelines for the New ESRD Regulations – 1.25 CH
Glenda Payne, MS, RN, CNN, and Judith Kari, LMSW
• Describe the differences between interpretive guidance (IG) and regulation.
• Demonstrate understanding of the process of developing IG.
• Weigh the benefits of potential sources of IG.
• Discuss some proposed changes to the regulations and subsequent changes to the IG.
173: The Challenges of Protein Malnutrition – 1.25 CH
Kim Alleman, MS, RN, FNP-C, CNN, APRN
  • Identify CKD patients at risk for protein malnutrition.
  • Discuss the markers of protein malnutrition in CKD patients.
  • Describe nursing strategies that can be used to provide care and dietary counsel for the CKD patient with protein malnutrition.

174: Abstract Presentations: Advocacy through Education and Clinical Management – 1.25 CH
Oral Doxercalciferol Protocol Implementation with Registered Nurse Management Results in Improved iPTH and Phosphorus Outcomes in a Stage 5 CKD Peritoneal Dialysis Population
Matria Caviness, RN
  • Describe the impact on iPTH and phosphorus outcomes due to the implementation of a D hormone protocol and comprehensive nurse management.

Bone Care Management in Chronic Kidney Disease Patients in Acute Care
Mary Hardy, RD, LD, CDE, CNSD
  • List techniques used to improve bone care management in the CKD patient in a care setting.

Stable Hgb Levels Are Maintained After Direct Conversion from IVC Epoetin 1-3 Times/Week to IV C.E.R.A. (Continuous Erythropoietin Receptor Activator) Once Monthly in Patients with CKD on Dialysis
Paula Dutka, MSN, RN, CNN
  • Describe the results from a clinical trial of a drug in development for the treatment of anemia, and to evaluate its potential impact on nursing practice in the dialysis unit.

175: Abstract Presentations: Advocacy through Research – 1.25 CH
Integrating Research and Clinical Practice in Hemodialysis
Beatrice Sool Choi, PsyD, RN
  • Discuss the effects of periodic journal club meetings that result in changing practices and improving patient outcomes.

Illness Representations and Depression in Older Individuals with Stage 5 Chronic Kidney Disease Requiring Long-Term Hemodialysis
Charlotte Thomas-Hawkins, PhD, RN
  • Describe the effect of illness representations on depression in older adults with stage 5 CKD who are receiving long-term hemodialysis treatments.

A Time and Motion Study of Anemia Management in Hemodialysis Patients
Sheila Doss, RN, CNN, CCRA
  • Understand time and supply costs observed with thrice-weekly epoetin alfa treatment at participating centers and modeled with C.E.R.A., a new once-monthly anti-anemia agent.

Tuesday, April 24

211: From Idea to Article: Writing for Publication – 1.25 CH
Beth Ulrich, EdD, RN, FACHE, FAAN
  • Describe the steps in developing a manuscript for publication.
  • Create a plan for writing a manuscript for publication.
  • Troubleshoot areas that could prevent acceptance of a manuscript for publication.
  • Develop a topic for submission for publication.
212: Using Professional Etiquette to Support Leadership Development and Advancement – 1.25 CH

Kathleen Pagana, PhD, RN
- Apply professional etiquette tips in greetings, introductions, and networking.
- Confidently handle any situation.
- Appropriately use e-mail, voice mail, fax, and cell phones.

213: Basis of Prevention: Advocacy Through Immunization – 1.25 CH, 75 Rx, AP

Norma Allred, PhD, MSN
- Describe the guidelines for vaccinating chronic kidney disease and kidney dialysis patients.
- Summarize the recommendations of the Advisory Committee on Immunization Practices for Hepatitis B, Pneumococcal, and Influenza Vaccines.
- Summarize the findings from the Safe and Timely Immunization Coalition (STIC) surveys.

214: Calcium Load and Implications for Cardiovascular Disease – 1.25 CH, 75 Rx, AP

Andrea Easom, MA, MNSc, APN, BC, CNN-NP
- Describe the prevalence and causes of vascular calcification in patients on dialysis.
- Evaluate the evidence for the effects of calcium load and vascular calcification.
- Provide evidence-based recommendations for best practices in reducing the cardiovascular risk in CKD patients.

215: Fluid Management in Dialysis: Swimming Against the Tide – 1.25 CH, 35 Rx

Christine Chmielewski, MS, APRN, BC, CNN-NP
- Discuss the physiologic effects of fluid volume in the renal patient.
- Recognize nursing challenges in managing fluid volume excess and deficit.
- Summarize the medical and nonmedical strategies utilized in maintaining appropriate fluid volume.

216: CKD Housekeeping: The Necessities of Documentation, Coding, & Billing for CKD – 1.25 CH

Debra Lawson, CPC
- Discuss documentation requirements to appropriately convey the services provided to CKD and dialysis patients.

231: Going for Olympic Gold: Climbing the Nephrology Nurse Clinical Ladder – 1.25 CH

Facilitator: Deborah Cote, BSN, RN, CNN
- Discuss the progression of knowledge, skills, and abilities of nurses in relation to the Nephrology Nurse Clinical Ladder.
- Discuss the potential impact of a clinical ladder program as it relates to staff satisfaction, nurse retention, and potential cost savings to dialysis facilities.

232: If You Think Billing Isn't Your Department, You're Wrong! – 1.25 CH

Facilitator: Stephen Pottoore, MBA, BSN, RN
- Identify four medications that are reimbursable.
- Discuss how to maximize your reimbursement for partial vial medication dosing.

233: Advanced Practice Dos and Don'ts – 1.25 CH

Facilitator: Deborah Brooks, MSN, RN, ANP, CNN-NP
- Describe how the advanced practice nurse (APN) is utilized in nephrology.
- Identify benefits of the APN role within the nephrology care arena.

234: Partnering to Ensure Emergency Preparedness – 1.25 CH

Facilitators: Glenda Payne, MS, RN, CNN, and Nancy Sharp, MSN, RN, FAAN
- Describe collaborative efforts to better prepare and respond to emergencies, including the use of telehealth.
235: Stories from Practice for Practice – 1.25 CH  
Facilitator: Debra Hain, DNS, APRN, GNP, BC  
- Identify a process for collecting stories from patients in practice settings.  
- Identify steps for analyzing practice stories.  
- Describe the lifestyle challenges faced by older adults undergoing hemodialysis.

236: Magnetize Professional Practice for Nephrology Nurses – 1.25 CH  
Facilitator: Clare Sasak, MPA, RN, CNN  
- Discuss the role of nephrology nurses in current work settings.

237: The Nephrology Nurse as Leader in Advocating for Patients in Advance Care Planning – 1.25 CH  
Facilitator: Denise Murcek, BSN, RN, CNN  
- Identify resources available to the nephrology nurse in advocating for their patients.

Wednesday, April 25

311: Pediatric Issues: Nursing Care in ESRD and Pre- and Post-Transplantation – 2.0 CH, 15 Rx  
Helen Currier, BSN, RN, CNN, and Cindy Richards, RN, CNN  
- Briefly discuss what is involved in the pre-transplant evaluation of the pediatric renal patient.  
- Briefly review what is involved in the care of the pediatric renal transplant recipient.  
- Identify two current HRQOL assessment tools.  
- List two outcomes of HRQOL measurement.  
- Identify common diagnoses for pediatric CKD hospital admissions.  
- Discuss the future of pediatric CKD patient HRQOL measurement.

312: Hemodialysis Issues: Home Hemodialysis and Vascular Access – 2.0 CH  
Janey Hynes, BSN, RN, and Lesley Dinwiddie, MSN, RN, FNP, CNN  
- Present historical background of home hemodialysis.  
- Discuss the future direction of home hemodialysis.  
- State the purpose of clinical practice guidelines (CPGs).  
- Describe the history of the K/DOQI (CPGs) and their effect on practice.  
- List the major changes between the 2001 and 2006 iterations of the CPGs.  
- Identify changes to nephrology nursing practice as a result of these CPGs.

313: Transplant Challenges: Drug Development and High Risk Challenges – 2.0 CH, 75 Rx, AP  
M. Roy First, MD  
- Discuss the phases of drug development.  
- Discuss the FDA guidelines for approval of immunosuppressive drugs.  
- Summarize the process of research and development of immunosuppressant agents.  
- Discuss therapeutic pretreatment regimens for ABO incompatible transplants.  
- Describe therapeutic options for patients with high PRA.  
- Describe immunosuppressant protocols used in high risk renal transplant recipients.

314: Peritoneal Dialysis (PD) Issues: Using PD and Protecting the Peritoneal Membrane – 2.0 CH  
Candace Regua, BSN, RN  
- Describe relevant statistics related to mortality differences between PD and hemodialysis (HD).  
- Describe the differences in adequacy data and complications between PD and HD.  
- Describe two outcome advantages for patients transplanted from PD versus HD.  
- Describe three patient advantages for choosing PD.  
- Review methods to assess, identify, and evaluate changes in membrane function.  
- Discuss the development of peritoneal membrane failure in long-term PD and review current interventions that promote and preserve peritoneal membrane function.
315: Pharmacology Update – 2.0 CH, 120 Rx, AP
Tracy Anderson-Haag, PharmD, BCPS
- Review physical changes in CKD patients and how they affect pharmacokinetics and pharmacodynamics of medications.
- Develop increased understanding of medication assessments in CKD patients to enhance safety and efficacy of drug therapies in this patient population.
- Discuss new medications used in CKD patients and critically evaluate their place in therapy.

316: Establishing a CKD Clinic: Practice Perspective – 2.0 CH, AP
Gladys Benavente, MSN, RN, ANP-c, CNN; Lesley Bennett, BA, RGN, RM; and Jean-Pierre Van Waesleghem, RN
- Identify problems that have led to CKD clinic developments.
- List four areas that should be addressed within a CKD clinic.
- Describe the role of the APN in a CKD clinic.
- List challenges or hurdles to a CKD clinic.
- Identify outcomes.

901: From Head to Toe: Neurology You Need to Know When Caring for CKD Patients – 3.0 CH, 60 Rx
Judith Ann Spilker, BSN, RN, CNRN
- Identify the well known risk factors for CKD also associated with stroke and TIA.
- Identify stroke symptoms and initiate acute treatment response.
- Identify other adverse neurologic consequences of CKD and the potential adverse effects of hemodialysis.
- Identify signs and symptoms of uremic neuropathy and describe strategies to limit related complications.