



Nephrology Nurse Practitioner

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- 0500: Alarm goes off and I get out of bed to start my day. Once I'm awake I figure out what day it is, so I know where to go. Check weather for my destination and ensure I am dressed for the weather.
- 0730: I rush around the house to make sure I have my laptop and lunch. I may also start getting calls from dialysis centers across the state.
- 0800: Stop at nearest Starbucks to get a grande triple to really start the day.
- 0830: Arrive at the dialysis clinic and check in with the charge nurse. Round on all patients. This could range from 8-18 patients.
- 0900: See patients in surrounding dialysis units over telemedicine for weekly visits.
- 1000: Speed across town to catch a few of my patients that receive dialysis at the other unit in town.
- 1130: Triage phone calls from surrounding dialysis units that I cover while speeding back to my dialysis unit.
- 1200: Complete 2nd shift telemedicine dialysis rounds.
- 1230: Eat lunch while doing multiple tasks at the same time.
- 1300: Complete 2nd shift rounds.
- 1400: Triage phone calls from surrounding dialysis units that I cover. Assist hospital nephrologist to discharge dialysis patients.
- 1500: Complete 3rd shift telemedicine dialysis rounds.
- 1530: Complete 3rd shift rounds. These patients tend to be newer and require more support and education.
- 1700: If I'm lucky I get to go home on time.
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Janae Harper works for the Billings Clinic in Billings, MT. She received her undergraduate at Excelsior College in Albany, New York and her graduate from Kaplan university in Chicago, Illinois. She oversees the care of patients from several different dialysis centers located in Southeastern Montana and Northeastern Wyoming.

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